

Telephone Befriender Volunteer

About Rotherfed

Rotherham Federation supports communities to grow and develop, working with them to build their sense of belonging, community pride and spirit. We work with grassroots community groups, Tenants and Residents Associations, Council tenants and local community activities/events, to give a voice to all. We support communities to work together on shared issues, particularly those that reduce disadvantage and increase social inclusion. Rotherham Federation celebrates diversity, inclusion and creativity in everything we do. Our services are open to everyone interested in growing communities.

About the Role

Are you interested in helping others? Do you enjoy a good chat with someone? Have you got the odd half an hour to help someone feel that bit less lonely? Then telephone befriending could be the role for you. Our volunteers call people who have identified themselves as lonely and offer them a friendship call. Calls last on average for 30 minutes and make a real difference to people's week. All volunteers receive full training for this role and are supported by a staff team.

Qualities/Skills Needed:

- To be a good listener
- To be able to relate to others and hold conversations with new people
- To be non-judgemental, respectful and reliable
- Able to maintain confidentiality
- A passion to make a difference

Benefits From This Role:

- A chance to connect with new people
- A chance to be part of a community and feel like you are making a difference
- Development of skills linked with speaking and listening
- Increased confidence in talking to others
- The knowledge that you are helping to reduce loneliness

Contact Name	Depending on the ward that you live in, will depend on who your named staff support is. All initial contacts to go to Kathryn Wild.
Contact Details	kathryn.wild@rotherfed.org.uk
Role Location	This role will be coordinated out of Springwell Gardens, however this is performed from your home.
Day/Times	This is a flexible role and is designed to work around other commitments. Days and times are to be discussed to suit the need of both the volunteer and the organisation.
Hours	There is no fixed hourly commitment per week. A discussion will be held to suit the need of both the volunteer and the organisation.
Expenses	We pay phone calls, travel and lunch expenses that have been agreed in advance by a named staff support.

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Contact - kathryn.wild@rotherfed.org or 01709 368515 for more details